

Chapter 6

Results, records and statistics

“There are three kinds of lies: lies, damn lies and statistics ”

-- Mark Twain, Autobiography

Championship race results

Mens Open

1978	Alan Farrell	Stan Bridger	Andrew Forbes
1979	Andrew Forbes	Alan Farrell	John Wright
1980	Mike Crowley	Alan Farrell	Andrew Forbes
1981	Alan Farrell	Reg Richardson	Reg Elliott
1982	Alan Farrell	Peter Stratton	Rob Nolan
1983	Stan Bridger	Alan Farrell	Joff Johnson
1984	Ian Bowden	Stan Bridger	Alan Farrell
1985	Stan Bridger	Denis Jackson	Alan Farrell
1986	Dave McCormack	Alan Farrell	Rob Nolan
1987	Dave McCormack	Stan Bridger	Alan Farrell
1988	Stan Bridger	Alan Farrell	Jim Hogan
1989	Stan Bridger	Alan Farrell	Peter Stratton
1990	Stan Bridger	Alan Farrell	Peter Stratton
1991	Neil McKenzie	Alan Farrell	Matthew Spackman
1992	Matthew Spackman	George Harrison	Alan Farrell
1993	Alan Farrell	Matthew Spackman	George Harrison
1994	Alan Farrell	Matthew Spackman	Keith Spackman
1995	Alan Farrell	Laurie Coleman	Dave Eaton
1996	Laurie Coleman	Matthew Spackman	Tony Miller
1997	Grant Rankin	Tony Miller	Matthew Spackman
1998	Matthew Armstrong	Alan Farrell	Tony Miller
1999	Matthew Armstrong	Ricky Maslouhi	Phil McCouat
2000	Dave Novotny	Ricky Maslouhi	Kelvyn Steggles
2001	Kelvyn Steggles	Dave Vlotman	Dave Eaton
2002	Tony Miller	Kelvyn Steggles (eq)	Dave Vlotman (eq)
2003	Gerry Arthur	Fraser McGunnigle	Dave Vlotman
2004	Gerry Arthur	Fraser McGunnigle	Bill Stephinson
2005	John Weeks	Fraser McGunnigle (eq)	Dave Vlotman (eq)
2006	Dave Vlotman	Phill Clarke	Dave Novotny
2007			

Womens Open

1981	Hanna Paxton (eq)	Trish Lenehan (eq)	Sandra Morzinsky
1982	Sandra Morzinsky	April Power	Hanna Paxton
1983	Annie Wayland	April Power	Sandra Morzinsky
1984	Hanna Paxton	April Power	Sandra Morzinsky
1985	Hanna Paxton	Joan Stebbing	Annie Wayland
1986	Barbara McCormack	Jenny Jones	Anne Satz
1987	Anne Satz	Jenny Jones	Hanna Paxton
1988	Anne Satz	Hanna Paxton	Jenny Jones
1989	Hanna Paxton	Anne Satz	Jenny Jones
1990	Lana Debnam	Anne Satz	Fran Colvin
1991	Anne Satz	Lyn Herrison	Hanna Paxton
1992	Lyn Herrison	Christine Floyd	Hanna Paxton / Carole Coulter (eq)
1993	Carole Coulter	Lyn Herrison	Yuki Tanaka
1994	Belinda Fry	Merran Butler	Carole Coulter
1995	Merran Butler	Belinda Fry	Carolyn Luxford
1996	Belinda Fry	Merran Butler	Carolyn Luxford
1997	Merran Butler	Carolyn Luxford	Carole Coulter
1998	Cris Penn	Merran Butler	Sandy Tarrant
1999	Merran Butler (eq)	Cris Penn (eq)	Carolyn Luxford
2000	Cris Penn	Carolyn Luxford	Carole Coulter
2001	Cris Penn	Rebecca Jenner	Carolyn Luxford
2002	Cris Penn	Annette Noble	Sharon Chiong
2003	Cris Penn	Carolyn Luxford	Fiona Coulston / Tricia Morrow (eq)
2004	Cris Penn	Carolyn Luxford	Sharon Chiong
2005	Cris Penn	Merran Butler	Carolyn Luxford
2006	Cris Penn	Merran Butler	Sharon Chiong
2007			

Handicap

1978	John Paxton	Jim Beal	John Curtis
1979 (men)	Joe Gatt	Richard Thomas	Dave Sumner
1979 (ladies)	Pat Cahill	--	--
1980	Mike Crowley	Rob Nolan	Reg Conway
1981	Ron Taylor	Hanna Paxton	Trish Lenehan
1982	Phil Worrall	Joff Johnson	Mark Paxton
1983	Jim Hogan	Stan Bridger	April Power / Mark Paxton (eq)
1984	John Anderson	Rob Jones	Denis Jackson

1985	Dave McGrane	Rob Jones	Denis Jackson / Jim Hogan (eq)
1986	Paul Hardwick	Dave McGrane	Peter Eliot
1987	Anne Satz	John Tisdale	Rob Jones
1988	Stan Bridger	Jim Hogan	Alan Farrell
1989	Hanna Paxton	Alan Farrell	Stan Bridger
1990	Tim Yewdall	Dave McGrane	Pam Hazelwood
1991	Lyn Herrison	Dave Eaton	Anne Satz / Neil McKenzie (eq)
1992	Toshi Konishi	Ron Young (eq)	John Tisdale (eq)
1993	Carole Coulter	Doug Ford	Keith Spackman
1994	Hanna Paxton	Keith Spackman	Alan Farrell
1995	Toshi Konishi	John Tisdale	Merran Butler
1996	George Kerr	Merran Butler	Kearney Martin
1997	Oentoeng Wohona	Toshi Konishi	Cris Penn
1998	Phil Worrall	Keith Spackman	Paul Nass / Matthew Armstrong (eq)
1999	Carole Coulter	Toshi Konishi	Carolyn Luxford
2000	Rob Jones	Dave Novotny	Sharon Chiong / Carolyn Luxford (eq)
2001	Laurie Coleman	Keith Spackman	Dave Eaton / Kelvyn Steggles / Dave McGrane (eq)
2002	Fiona Dodds	Kelvyn Steggles	Sharon Chiong / Shelley Kirkwood (eq)
2003	Toshi Konishi	Carolyn Luxford	Rosemarie Sheppard
2004	Dave McGrane	Sharon Chiong	Rosemarie Sheppard
2005	Dave Eaton	Merran Butler	Cris Penn
2006	Dave Novotny	Merran Butler (eq)	Dave Vlotman (eq)
2007			

Overall points championship

1978	John Wright	Phil Worrall	Trevor Nixon
1979	Betty Ford	Alan Farrell	Doug Ford

Most number of Mens Championship wins

Alan Farrell 6
Stan Bridger 5
Matthew Armstrong/Spackman 3
Dave McCormack 2
Gerry Arthur 2

Most number of Womens Championship wins

Cris Penn 9
Hanna Paxton 4
Anne Satz, Merran Butler 3
Belinda Fry 2

Most number of Open Championship wins

Cris Penn 9
Alan Farrell 6
Stan Bridger 5
Hanna Paxton 4
Anne Satz, Merran Butler, Matthew Armstrong/Spackman 3
Belinda Fry, Dave McCormack, Gerry Arthur 2

Most number of Handicap Championship wins

Toshi Konishi 3
Hanna Paxton, Carole Coulter, Phil Worrall, Dave McGrane 2

Most number of Championships wins (combined)

Cris Penn 9 (all Opens)
Hanna Paxton 6 (4 Opens, 2 Handicaps)
Alan Farrell 6 (all Opens)
Stan Bridger 6 (5 Opens, 1 Handicap)
Anne Satz 4 (3 Opens, 1 Handicap)
Carole Coulter 3 (2 Handicaps, 1 Open)
Merran Butler 3 (all Opens)

Winners of both Handicap and Open Championships

(Alphabetical order)

Stan Bridger*
Laurie Coleman
Carole Coulter*
Mike Crowley*
Lyn Herrison
Dave Novotny
Hanna Paxton*

*Includes winning both Championships in the same year

Most podium finishes in Handicaps and Opens

Alan Farrell 23
Hanna Paxton, Carolyn Luxford 12
Merran Butler, Cris Penn, Stan Bridger 11
Matthew Armstrong/Spackman 9
Anne Satz 8
Carole Coulter 7
Dave Vlotman, Sharon Chiong 6

Single winners of all races during a year

Stan Bridger (twice, 1983 and 1985)
Dave McCormack (twice, 1986 and 1987)
Belinda Fry (twice, 1994 and 1996)
Grant Rankin (1997)

Longest time between first and last Championship wins

Dave McGrane 19 years (Handicaps 1985 and 2004)

Alan Farrell 17 years (Opens 1978 and 1995)

Phil Worrall 16 years (Handicaps 1982 and 1998)

Race records

Men

Balmoral Beach (6km)	I Bowden	20:28	1984
Thompson St (new) (6km)*	Phil Clark	22:32	2006
Cremorne Pt/Spit Junction (10km)	I Bowden	36:11	1984
Long Chinaman's Beach (10.6km)	Stan Bridger	35:38	1983
Beauty Point (old) (13km)*	Stan Bridger	46:20	1985
Beauty Point (new) (13km)*	Phill Clarke	51:12	2006
Milson's Point (15km)	Stan Bridger	54:53	1985
Cremorne Out & Back (11km)	Stan Bridger	39:07	1983
Short Chinamans Beach (old) (9km)*	I Bowden	32:49	1984
Short Chinamans Beach (new) (9km)*	Dave Vlotman	39:48	2006

Women

Balmoral Beach (6km)	Nicole Eaton	24:01	2002
Thompson St (6km)	Cris Penn	25:35	2007
Cremorne Pt/Spit Junction (10km)	Merran Butler	45:04	1997
Long Chinaman's Beach (10.6km)	Belinda Fry	41:34	1996
Beauty Point (old)(13km)*	Belinda Fry	55:22	1994
Beauty Point (new) (13km)*	Cris Penn	59:39	2006
Milson's Point (15km)	Belinda Fry	63:28	1996
Cremorne Out & Back (11km)	Belinda Fry	47:16	1996
Short Chinamans Bch (old)(9km)*	Belinda Fry	39:24	1994
Short Chinamans Bch (new) 9km)*	Merran Butler	43:42	2006

* "New" indicates a route introduced or varied in 2006. "Old" indicates the pre-2006 version.

Presidents Shield Nominees and Winners

The Presidents Shield is awarded each year by the North Sydney Leagues Club's Sports Council to recognise outstanding contributions by members of its many affiliated sporting and cultural clubs. Each club proposes a candidate based on their

achievements – whether sporting, organisational or inspirational, and the award is made at a presentation dinner, with hundreds attending, sponsored by the Leagues Club.

First presented in 1980 (for the 1979 year), the award has had a number of guises, reflecting some of the changes in the Club and in society generally. Until 1985, the award was officially called Sportsman of the Year, and carried a substantial cash prize. In 1986, rather belatedly, women became eligible and the award was renamed Sportsperson of the Year. From 1988 onwards, it has been known as the Presidents Shield, reflecting the fact that service to the club, not just sporting achievement, is the main criterion.

Over the years, the Joggers have been extraordinarily successful, winning six times with Stan Bridger, Anne Satz (the first ever female winner), Lal Lawson, Betty Ford, Rob Nolan and Dave Eaton. The full list of our nominees and winners is as follows.

1979 Jim Bell	1989 Lal Lawson#	1999 Toshi Konishi
1980 Alan Farrell	1990 Hanna Paxton	2000 Cris Penn
1981 Mike Crowley	1991 Jim Hogan	2001 Rob Nolan#
1982 Doug Ford	1992 Phil Worrall	2002 Keith Spackman
1983 Stan Bridger#	1993 John Tisdale	2003 Gerry Arthur
1984 John Anderson	1994 Alan Farrell	2004 Laurie Coleman
1985 Reg Conway	1995 Carole Coulter	2005 Sharon Chiong
1986 Denis Garland	1996 Merran Butler	2006 Dave Eaton#
1987 Anne Satz#	1997 Betty Ford#	
1988 Rob Nolan	1998 Matthew Armstrong	

#Winner

Naked Bear Awards

What is the Naked Bear award? Its creator, the noted bon vivant Kelvyn Steggles, explains that this award is presented annually “in recognition of those moments that happen to all of us, but we wish they didn’t. It recognises the lighter moments that occur in a Jogging Club and is definitely an award *not* to win!”

The Award comes in the form of the tiniest Teddy Bear available in the shops, and is presented at our Annual Presentation Night. Kelvyn is the sole arbiter of the Award and collects material for it throughout the year. You never know when he might be watching....

The “winners” are:

2003: Rosemarie and Paul Sheppard -- for catching a taxi to the finish line during a race when it started raining.

2004: Dave Hawkins – for accompanying a novice runner on a 10 km race, confusing the route, and taking her 15 km instead.

2005: Kearney Martin – for taking so many short cuts on top of short cuts, his route is now called the “Why bother”.

2006: Keith Spackman – for forgetting that we have an Annual Presentation Night, despite that he had been a member and attended it for over ten years.

List of Members

The current number of our members has tended to stabilise over recent years at about 50.

Compiling a comprehensive list of members since 1967 has been complicated by the fact that there were actually no formal membership requirements or records in the early days – people just turned up. The following list, compiled with the invaluable assistance of Laurie Coleman, is our best shot, but there may well be omissions, variations in spelling and other discrepancies. Note that the periods of membership of some people listed may have been quite short.

[recent additions from Laurie??]

Aisatullin, Tonu	Burke, Derek	Dean, Gwen
Allwright, Barbara	Burke, Judy (nee	Debnam, Lana
Anderson, John	Cameron)	Devine, Carleen
Andrews, Wendy	Burton, Bob	Dobbie, Jenny
Anthoness, Cecily	Butler, Merran	Dobbie, John
Armstrong, Matthew	Butler, Richard	Dodds, Fiona
Armstrong, Phil	Byrne, Conor	Eaton, Dave
Arthur, Gerry	Cahill, Pat	Eaton, Michelle
Attard, Rob	Cannon, Paul	Eaton, Nicky
Atwood, Greg	Case, Maude	Eccles, Jeremy
Audet, John	Chiong, Sharon	Eliot, Peter
Aylmer, Dave	Christian, Jenny	Elliott, Reg
Baker, Paul	Christie, Julie	Evans, Bill
Ball, Mike	Clark, Tom	Evans, Martin
Barnes, David	Clarke, Phill	Ewing, Ian
Barratt, Justine	Coleman, Laurie	Faralla, Filippo
Barthes, Ted	Colley, Richard	Farquar, Jim
Barwon, Helen	Colvin, Fran	Farrell, Alan
Beal, Jim	Condon, Brooke	Farrell, Carole
Beck, Sarah	Conway, Reg	Fielding, Martin
Beiler, Boris	Cook, Kathleen	Floyd, Christine
Bell, Jim	Coulston, Fiona	Floyd, George
Bennett, Neil	Coulter, Carole	Forbes, Andrew
Bihari, Jo	Crowley, Mike	Ford, Betty
Blair, John	Crummack, Patti	Ford, Doug
Boothman, Paul	Curtis, John	Foster, Paul
Bowden, Ian	Dalgarno, Arthur	Foy, Warwick
Bradshaw, Robyn	Dargan, Jim	Friedewald, Laurie
Bridger, Stan	Darne, Chrissy	Fry, Belinda
Brisenden, Fred	Davis, Kirk	Fry, Steven
Burgess, Robyn	Dawson, Eric	Galbally, Joy

Garland, Denis
Gatt, Joe
Grant, Jeff
Green, Linda
Green, Richard
Griffiths, Sue
Grimshaw, Wal
Groff, Jay
Hammond, Helen
Hardwick, Paul
Harrison, Bert
Hatch, Sarah
Hathaway, Tony
Hawkins, Dave
Hazelwood, Pam
Henderson, George
Henderson, Steve
Hendricks, Alan
Herrison, George
Herrison, Lynn
Hockings, Sandy
Hodges, Hedley
Hoffman, Marilyn
Hogan, Jimmy
Holmes, Jim
Hoolahan, Peter
Horan, Steve
Howell, Katie
Huckstep, Michael
Ives, Keith
Jackman, Terry
Jackson, Denis
James, Des
Jenner, Rebecca
Johnson, Joff
Jones, Jenny
Jones, Rob
Kay, Peter
Kelly, Jenny
Kemp, Greg
Kerr, Bill
Kerr, George
Konishi, Toshi
Lawson, Lal
Le Fevre, Michel
Lenehan, Trish
Lincoln, John
Luxford, Carolyn
Lyall, Brian
Lyall, Mary

Madden, Dave
Madden, Kathy
Malouf, S(ue???)
Mangold, John
Martin, Kearney
Maslouhi, Ricky
Mason, Maurie
Mayhill, Roger
Mayuga, Terry
McAfee, Judy
McCallum, Andy
McCormack, Barbara
McCormack, Dave
McCormack, Lyn
McCouat, Phil
McCrorie, Wal
McGrane, Dave
McGunnigle, Fraser
McKenzie, Neil
McLean, Chris
McMonnies, Charles
McNamara, Dave
Meadows, Margaret
Menzies, James
Middleton, Marcelle
Miller, Geoff
Miller, Tony
Mills, Neville
Miskella, Sally
Mitchell, John
Mobberley, Andrew
Moore, Archie
Morgan, Dave
Morrow, Tricia
Morzinsky, Sandra
Nash, Kevin
Nass, Paul
Nicholls, Jim
Nixon, Trevor
Noble, Annette
Nolan, Rob
Novotny, Dave
Nowland, Lisa
Oates, Cec
Oates, Marjorie
Ohinessian, Eddie
Oomerjee, Terry
Partridge, Tom
Patten, Bob
Paxton, Hannelore

Paxton, John
Paxton, Mark
Penn, Cris
Penn, Kath
Petersen, Sven
Phillips, Steve
Pike, Graham
Powditch, Jan
Powditch, Max
Power, Alan
Power, April
Price, Colin
Punch, Arch
Quick, Barry
Ramos, Joe
Ramsden, Norm
Rankin, Grant
Redfern, Louise
Reinhard, Malcolm
Richardson, Reg
Rifkin, Norm
Rissman, Gus
Rissman, Neil
Rowe, Peter
Ryan, Bernard
Ryan, Carol
Sadler, Maxine
Satz, Anne (now
Walsh)
Shalvay, Pat
Sheppard, Paul
Sheppard, Rosemarie
Shuttleworth, Dale
Smith, Louise
Smith, Warren
Spackman, Keith
Spradbrow, Lorraine
Stebbing, Jim
Stebbing, Joan
Stebbing, Ted
Stebbins, Peter
Steggles, Kelvyn
Stephinson, Bill
Stephinson, Claudia
Stevens, Frank
Stevens, Gary
Stiebel, Ted
Stock, Sarah
Strachan, Bob
Straton, Mary

Straton, Peter
Summer, Dave
Tanaka, Yuki
Tarrant, Sandy
Tarrant-Plant, Jay
Taylor, Ron
Tevlin, Shane
Thomas, Richard
Tisdale, John
Tooley, Marcus
Vermes-Gabos, Andras
Vlotman, Sue
Voltman, Dave
Wade, Kay
Wahona, Oentoeng
Walker, Lynne
Wall, Lyn
Watson, Robert
Wayland, Annie
Weeks, John
White, Gordon
Wight, Peter
Wilans, Tony
Wilde, Susan
Williams, Annaliese
Williams, Dave
Williams, Terry
Wilson, Bill
Wohona, Oentoeng
Wolfe, Tony
Wood, Howard
Worrall, Gerry
Worrall, Phil
Wright, John
Wright, Sue
Yewdall, Tim
Young, Ron
Zlatin, Ivan